



Laser vulvar skin brightening (Genital bleaching)

OUTLINE

The skin of the vulva is vulnerable to darkening (hyperpigmentation) as the result of chronic inflammation caused by friction or a skin condition. Among methods available to brighten and smooth out skin of the intimate parts include specialist skincare products with exfoliating and brightening ingredients and chemical peels. Lifestyle changes like weight loss, use of breathable cotton clothes are helpful.

Laser treatment using minimally ablative FOTONA erbium:YAG laser with its Variable Square Pulse (VSP) technology allows on precise and safe removal of hyperpigmented skin of the vulva in all skin types including skin of colour.

INDICATIONS

Uneven skin tone of the vulva, hyperpigmentation, dryness with fine lines.

CONTRAINDICATIONS

Pregnancy, infections, active herpes infection, within one week of chemical peel, within 6 months of Roaccutane, within 2 weeks of topical retinol.

PATCH TEST

A patch test is required at least 3 days before the procedure.

SKIN ANALYSIS

Prior to treatment you will need to have consultation to assess your suitability for treatment and to discuss treatment options.

SKIN PREPARATION BEFORE THE PROCEDURE:

Avoid sun exposure at least two weeks before laser treatment. Affected skin ought to be well hydrated with suitable wash and moisturizer to assure skin's barrier function is not impaired.

ANAESTHESIA

No anesthesia is required. Cooling with cold air is added during the Nd:YAG to assure maximum comfort.

PROCEDURE

Skin is cleansed with an antiseptic and moisturized prior to the procedure. You will be wearing specialist goggles to protect your eyes. Laser beam will be passed over the treated area two to three times followed which specialist, soothing post laser skincare product will be applied. Fume extractor with HEPA filter will be switched on to eliminate aerosols produced by the laser. Cooling with cold air can be added for maximum comfort.

TIME 15 minutes

WHAT TO EXPECT AFTER TREATMENT

You can expect mild redness, swelling and burning sensation immediately after treatment. This usually lasts for 12 - 24 hours. Skin of the vulva will become dry and peels off within 7 days.

COMPLICATIONS

Complications after laser treatment are rare and include marked redness, swelling, burning sensation, infection, hyperpigmentation, scarring. We adhere to strict protocols to assure uncomplicated recovery.

DOWNTIME

It is recommended to avoid excessive and vigorous exercise, sports, wet rooms, or sauna for 24-48 hours after the procedure.

AFTERCARE

Aquaphor or Vaseline should be used in the first 3 days after the procedure followed by emollient wash and lotion.

OUTCOME

Smoother, brighter, fresher looking skin of the vulva.

NUMBER OF TREATMENTS

Up to 6 monthly sessions may be required.

MAINTENANCE

No maintenance treatment is required if aggravating factors are taken care of.

PRICE: £145 per treatment session